



Itinerary for People with Mobility Challenges

A 7-Day Itinerary

** The itinerary takes into account a group with a number of wheelchair users, factoring in the time needed to get on and off the bus and negotiate each site.*

Day 1

Drive from Ben-Gurion Airport to the Old City of Jaffa.



Jaffa is one of the oldest ports in Israel, existing for upward of 4000 years; it was from Jaffa that Jonah set out before being swallowed by the whale and it was here to which Solomon imported cedars from Lebanon for the construction of the first Temple in Jerusalem.

At Kedumim Square in the heart of Old Jaffa you can tour the Visitor Center, which was built around authentic archaeological artifacts and remains.

Enjoy an evening seaside walk at the [Tel Aviv Port](#), with its galleries, restaurants and coffee shops, and on to the [Yarkon Park](#) to the north to meet the locals as they enjoy [Tel Aviv's](#) "central park" strolling along the paved pathways.

Overnight in Tel Aviv

Day 2



Drive up the coast to [Caesarea National Park](#), where 2,000 years ago King Herod built a large port in honor of Emperor Augustus. Pontius Pilate later ruled the country from his [Caesarea](#), and it was from here that Paul set sail to the communities where he preached all over the Mediterranean.

Visit the Roman Theater, Herod's palace, the walled Crusader town with its galleries and restaurants and Caesarea's latest attraction, the Time Trek, a fascinating multimedia presentation.

Continue across the Carmel range to the Nahal Hashofet nature reserve (south of Kibbutz Hazorea), sloping trail along the beautiful Hashofet brook has been paved and wooden walkways added, enabling all to enjoy the water and greenery of the Menashe region in the foothills of [Mount Carmel](#).

Drive on to the [Sea of Galilee](#) region and stroll the waterfront in [Tiberias](#).



Overnight: The Tiberias area

Day 3

Visit the landmarks around the northwestern Sea of Galilee, including:

[Capernaum](#) - Known as "Jesus' Town" in the New Testament, Capernaum on the Sea of Galilee is home to one of the earliest churches in the world as well as a monumental ancient synagogue.

This was also Peter's home town where Jesus performed many miracles.

[Tabha](#)- Jesus' miracle of the Multiplication of the Fish and Loaves is illustrated beautifully in an ancient mosaic of the Byzantine church that stood here. Visit the renovated Benedictine church, built in the same style and along the same lines as the original one.

[The Mount of Beatitudes](#) - Enjoy an inspiring view of the Sea of Galilee from the top of the mountain where tradition says Jesus preached the Sermon on the Mount.

[The Yigal Alon Museum at Kibbutz Ginosar](#) - This is a unique institution, focusing on the human experience in the Galilee in the past, present and future. It is also home to changing exhibits showcasing the finest talents of Galilee artists from a variety of faiths and ethnic backgrounds, and the magnificent display of the [Galilee Boat](#), dating from the time of Jesus, discovered mired in the mud on the shore of the Sea of Galilee.

Stroll through the archaeological park in the midst of downtown Tiberias, with its remains dating from numerous period's in the town's long history.

Overnight in Tiberias

Day 4

At the [Old Gesher](#) Courtyard, one of the early kibbutzim in the Jordan Valley, learn about the ideals and history of the Kibbutz Movement that became one of Israel's hallmarks.

Continue south to [Beit She'an National Park](#). One of the main pagan towns during Roman rule of the region 2,000 years ago, and in the shadow of an important biblical city, [Beit She'an](#) contains a magnificent theater, Roman bathhouses, mosaics and more. It is considered to be one of the best preserved Roman sites in the region.

Drive via the Jordan Valley to [Jerusalem](#).

Approaching Jerusalem in the late afternoon, stop at the [Mt. of Olives Observation Point](#) for an excellent visual and spiritual introduction to the city, ancient and new. View the [Temple Mount](#), the [City of David](#), the [Church of the Holy Sepulchre](#) and more, as the vista spans the length and breadth of the city.

Overnight in Jerusalem

Day 5

Spend time at the [Western Wall](#), one of the last vestiges of the Second Temple complex built by Herod some 2,000 years ago and thus the holiest spot in the world for Jews.

Make arrangements to tour the [Western Wall Tunnel](#), along the part of the Western Wall now deep beneath Jerusalem's Old City, and see the second largest cut/quarried stone in the world among many other attractions. (Advise of wheelchair-users when making reservation – 02-6271333.)

Excavations in Jerusalem's [Jewish Quarter](#) have revealed a wealth of finds from the First and Second Temple periods. See the sites and enjoy the special ambiance of this renewed part of the Old City along a wheelchair accessible route developed by the Jewish Quarter's Center for Tourists with Disabilities (02-6283415/6). When you call them, ask about the wheelchair-friendly route through other quarters of the Old City around the market and the Church of the Holy Sepulchre.

Overnight in Jerusalem

Day 6

Ascend by cable-car to explore [Massada](#), scene of the epic stand by Jewish rebels at the end of the Great Revolt against Rome nearly 2,000 years ago. The new museum at the Visitor Center reveals the secrets of the daily life of the rebels, the story of the excavations, and how the site became one of Israel's most important symbols.

Stop at one of the [Dead Sea](#) spas or beaches for a dip in the saltiest sea in the world. The Dead Sea is recognized as having therapeutic qualities, and bathing here is something that should not be missed.

Enjoy the [Ein Gedi Botanical Gardens](#), located on sloping paths on the grounds of [Kibbutz Ein Gedi](#), where hundreds of trees and plants from exotic places around the world flourish in their oasis surroundings.

Overnight in Jerusalem

Day 7

Visit the [Israel Museum](#), which houses what is considered by many to be the most important archaeological discovery of the 20th century – the [Dead Sea Scrolls](#), which is partially wheelchair-accessible. See the famous [Model of Second Temple Jerusalem](#) and an audiovisual presentation about life in the tumultuous days of the Second Temple.

Next, visit the [Yad Vashem Holocaust Memorial](#), touring the astounding new Museum with its new and moving focus on the individual in the Holocaust, the Children's Memorial and Hall of Remembrance.

In the late afternoon and evening, enjoy shopping and people-watching downtown in the Nahalat Shiva and Ben-Yehuda Street pedestrian malls.